

Terms and Conditions for Inner Fire Teacher Training



Application

Minimum Experience Required: 2 years Yoga practice in any style or if you have similar holistic experience (E.g. T'ai Chi or Alexander Technique) this may be considered. Prior to and during the course it is expected that you are practising 5 times a week and have a regard for Yoga Yama (restraints) and Niyama (observances). If you are unsure of your eligibility or compatibility, please do email or ring Deyna for a chat.

Booking Requirements

You will need to fill in an application form and a deposit of £200 is required to secure your place if you are accepted. This is non-refundable unless your place can be subsequently filled by someone else.

Full payment for the course is due before the first weekend of the course. Fees can be paid in arranged instalments – usually this will be prior to the start of the course but this can be negotiated according to individual circumstances. Please also see refund policy below.

Course fees include: training and assessment by a qualified Yoga Alliance Professionals SYT, trainee membership with Yoga Alliance Professionals, Inner Fire's 200 hour manual, main supporting text book: one for 200 hour, extra one for 250 hour course. Residential fees include: training, accommodation, meals as specified for each residential Not included: transport to and from venues or countries, vaccinations, insurance.

If you wish to teach as a student, Yoga Alliance Professionals offer a reduced fee insurance for trainee teachers of £15 which will be available, subject to their terms and conditions. You will also be eligible for a subsidised join up fee (saving of £35.00) if you upgrade your YAP membership within 14 days of graduation.

Refund Policy

Your £200 deposit for the course is non-refundable unless your place can be filled or under exceptional circumstances at the discretion of Inner Fire. Deposit must be paid by bank transfer, cheque or cash within 7 days of being accepted on the course.

Full payment must be made one month before the start of the course unless a prior arrangement has been agreed with Inner Fire.

If you decide to withdraw from the course BEFORE it has started the following refunds apply: One month or more before the course starts: full refund of any monies paid minus deposit. Less than one month before the course starts: 50% of monies paid minus deposit unless your place can be filled. Once the course has started there will be no refunds given except in exceptional circumstances at the discretion of Inner Fire, or unless it is mutually agreed that you are unsuitable for the course. In the case of mutual withdrawal you will be refunded full fees minus deposit. In the event of prolonged illness or unavoidable extended absence you will be automatically offered a place on the following years course to complete your study at no extra charge.

Any intention of cancellation / withdrawal either before or after the course has started must be made in writing (email) to deyna@innerfire.org.uk with full declaration of reasons.

If Inner Fire is obliged to cancel a course for any reason, a full refund of fees + deposit will be given to all students. Once the course has started if the Lead trainer needs to cancel a weekend or residential due to unforeseen circumstances, this will be either be: covered by a suitably qualified trainer, re-arranged to suit as many students as possible, or the Lead trainer will ensure that all content is covered for any student that cannot attend.

During the Course

You will need to attend 90% of all weekends and residential and any intended absence must be agreed with Lead trainer. In the event of unintended absence you must inform the Lead trainer at your earliest opportunity and agreement reached as to how to proceed with your study. All assignments will need to be completed on the date stated and submitted either electronically or by mail. If you are unable to complete assignments by their due date because of unforeseen circumstances, any extensions must be discussed and agreed with the Lead trainer. You are expected to maintain a personal practice and attend a Yoga class or workshops regularly throughout the course. At certain stages, the Lead trainer may take photos of you studying and teaching. Unless you express otherwise, these photos will remain the property of Inner Fire and may be used for marketing future courses. You will need to follow the Yoga Alliance Professionals Code of Practice described below.

Complaints Procedure

In the event of dissatisfaction at any stage of the course the following steps will be taken to resolve issues:

Step 1: Verbally inform the Lead trainer of any concerns that arise to see if a simple resolution is possible.

Step 2: If nothing changes, inform the Lead trainer in writing of your complaint. This will be acknowledged within 2 working days with any further suggestions for resolution. If the issue is more complex an initial response will be offered in 2 working days with a full response in 7 working days.

Step 3: If necessary an internal third party (within the teacher training group) can be involved to facilitate any agreed changes.

Step 4: If no resolution can be reached between the parties concerned a formal meeting will be arranged. The complainant and defendant can bring an outside advocate for support and full reference will be made to legal documents and policies described here.

In the event of complaint about any residential accommodation and catering, the steps are as follows:

Step 1: Verbally inform the Lead trainer of any concerns that arise to see if a simple resolution is possible.

Step 2: Inform the accommodation / catering provider of your complaint to give them opportunity to resolve the issue.

Step 3: Inform both the Lead trainer AND the accommodation / catering provider of your complaint in writing.

Step 4: In the event that resolution is still not reached refer to the complaints procedure of the accommodation / catering provider and proceed accordingly. Although Inner Fire will support reasonable complaints and help broker an early resolution, we cannot be held responsible for any failings in the accommodation / catering service as we are ultimately unable to control any changes to staff, management, catering or other changes.

Code of Practice

Inner Fire adheres to the code of practice demanded by Yoga Alliance Professionals as described below: Yoga Alliance Professionals Code of Practice

This Code of Practice is a summation and declaration of acceptable, ethical, and professional behaviour by which all Yoga Alliance Professionals members agree to conduct the teaching and business of Yoga. As a member of Yoga Alliance Professionals, our members agree to uphold the ethical goals set forth in the following Code of Practice:

1. Provide the public with access to safe and effective yoga teachers;
2. Maintain and uphold the traditions of Hatha Yoga. Teach yoga from the experience of these traditions and disseminate these teachings to anyone, from any background, who earnestly desires to follow these traditions;
3. Familiarise themselves with the Health and Safety policy of their employer, or where this does not apply, an appropriate policy needs to be formulated and adhered to. Appropriately deal with accidents or emergencies, keep notes and logs and advise Yoga Alliance Professionals if any incident which could give rise to an insurance claim occurs;
4. Uphold the integrity of their vocation by conducting themselves in a professional and conscientious manner;
5. Acknowledge the limitations of their skills and scope of practice and where appropriate, refer students to seek alternative instruction, advice, treatment, or direction;
6. Create and maintain a safe, clean, and comfortable environment for the practice of yoga;
7. Encourage diversity actively by respecting all students regardless of age, physical limitations, race, creed, gender, ethnicity, religious affiliation, or sexual orientation;
8. Respect the rights, dignity, and privacy of all students;
9. Avoid words and actions that constitute bullying and/or sexual harassment;
10. Follow all local government and national laws that pertain to their yoga

teaching and business; 11. Never engage in any conduct or activities that discredit Yoga Alliance Professionals, or which brings our name into disrepute; 12. Comply with all Yoga Alliance Professionals Terms & Conditions.

On acceptance on the course you will be required to sign a booking form stating that you have read and agree to comply with the terms and conditions of Inner Fire + those of Yoga Alliance Professionals. In signing you accept that failure to comply will disqualify you from completing the course and being accepted for Yoga Alliance Professionals accreditation.

To comply with the Data Protection Act of 2018, accepting these terms and conditions means you consent to your contact details (name, email and phone number) being passed onto Yoga Alliance Professionals, so they can contact you directly and invite you to register as a Trainee and Teacher.