

Varkala 2019 Retreat Booking Form



Name:

Address:

Telephone / Mobile:

Email:

I wish to attend the retreat: 15th - 28th November for one or both of the 2 weeks. Please adjust to specify.

One week cost: £550 in a private en-suite room

Two weeks cost: £950 in a private en-suite room

Deposit

Please pay £100 deposit by bank transfer to:

Inner Fire

Yorkshire Bank

Sort code: 05-05-40

Account number: 34177584 Please write Varkala2019 as the reference and remember to include your name as remitter.

The deposit will only be returnable if I am able to fill your place, or at my discretion, or if the retreat is cancelled by Inner Fire for any reason. The full payment amount is due at least one month prior to departure.

If you prefer not to use internet banking, please send your form and cheque to the address below:

Cancellation Refunds:

Up to one month before departure: Full amount minus deposit

Up to 2 weeks before departure: 50% of total cost

Up to 1 week before departure: 25% of total cost

If your place can be filled there may be a discretionary additional refund.

Disclaimer

I will purchase an Indian visa

I will take full responsibility for obtaining appropriate insurance to cover medical expenses, loss of personal possessions, travel delays, alterations and cancellations.

I will have all necessary travel vaccinations advised by my doctor, or take responsibility for any illness arising from not following medical advice or obtaining the suggested vaccinations.

I will address any complaints about the guest house or catering to the guest house manager and not hold Inner Fire liable or responsible for any unlikely dissatisfaction with the facilities.

I will inform the Yoga trainer of any injury or condition that may affect my ability to do Asana or Pranayama (especially if they arise after filling in the medical form). However, I will also undertake to look after myself during Yoga practice and be responsible for my own well-being. I will always listen to my mind and body first, the trainer's instructions second.

Please sign to say you have fully understood the cancellation refunds and the disclaimer and return to: Inner Fire, Skewbank, High Tenterfell, Kendal LA9 4PQ

Or

Please return this form by email to: deyna@innerfire.org.uk Returning this form electronically using your personal email equates to a signature. (Apple users: please convert form to a PDF to send)

Look forward to seeing you in November!